

## **Are there any rules?**

There are some rules necessary for the benefit of all those who use the Centre:

- Please keep to the agreed times, it can be very upsetting for children to be kept waiting.
- Children need a familiar face so please wait until your ex-partner arrives before you leave.
- Please do not bring any alcohol or illegal drugs into the Centre. If you have taken either of these prior to your visit no contact will be allowed.
- You are responsible for the safety and supervision of your child while at the Centre.
- Smoking or vaping is not allowed in the building.
- Please do not use the Centre as a place to negotiate with your ex partner, its purpose is to make contact as happy and trouble-free as possible for your child/ren.
- If you are leaving your child/ren at the Contact Centre, please leave a contact telephone number.

If you feel there is anything more we can do to help, or if at any time you have comments about the Centre, we would be grateful if you would talk to our Co-Ordinator about it, either now or at a later time at your convenience.

**To make arrangements to use the Centre please contact:**

Andrada Rus,  
Co-ordinator Workington (Allerdale)  
Child Contact Centre

Telephone: 01768 593102

Mobile: 07872 165047

[allerdalecc@cumbriafamilysupport.org.uk](mailto:allerdalecc@cumbriafamilysupport.org.uk)

**Company Number 4151545**

**Registered Charity Number 1085861**

**Cumbria Family Support**

## **Maryport (Allerdale) Child Contact Centre**

**Alternate Saturdays**

**10am—2pm**



**Held at:**

**West Allerdale Children's  
Centre, Ennerdale Road,  
Maryport, Cumbria  
CA15 8HN**

## What is a Contact Centre?

It is important for children to maintain a loving relationship with both parents. Maryport Contact Centre provides a safe, friendly and neutral place for children to enjoy contact with their non-resident parent. This can be at the Centre, where toys and games are available, or away from the Centre by prior arrangement, using the Centre as a handover or dropping off point. We DO NOT provide supervised contact.



## Do I have to meet my ex-partner?

Not if you do not want to. Talk it over with the Centre Co-Ordinator at the pre-contact visit and we can make arrangements accordingly.



## Who runs the Centre?

Maryport Contact Centre is a Charity; staffed by a Centre Co-Ordinator and supported by trained volunteers who will try to make your visit as enjoyable as possible. Parents are responsible for their children while at the Centre but staff are on hand to help in whatever capacity they can.



## How often do I use the Centre?

The Centre is open on alternate Saturday mornings between 10.00 am and 2.00 pm

## How can we arrange to come?

If you wish to attend the Contact Centre you will need to complete an online referral form. Please contact the Contact Centre Co-Ordinator who will talk you through the process. Once the referral is completed the Co-Ordinator will speak to you to arrange a pre-contact visit.

## Can other relatives, friends or new partners come to the Centre?

Yes, but only if this is mentioned on the referral form, or is agreed between both parties beforehand (in writing preferably) and has been agreed to by the Centre Co-Ordinator. The needs of the children will come first in any such arrangement.

## Do I have to pay?

No, the service is free of charge. Tea, coffee and juice will be provided at each session. If you cannot attend a session, please remember to contact the Centre and your ex-partner beforehand.