

Further Information

For further information about the group or to get a referral form please contact:

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on 01228 227348

Email:
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Referrals to be sent to:

East Cumbria
Family Support Association
At
Carlisle West Children's Centre
Wigton Road
Carlisle
CA2 6JP

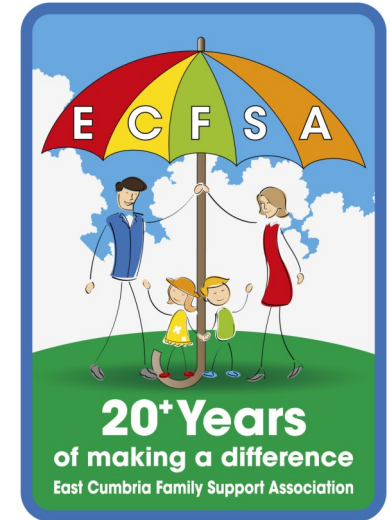


Best Buddies is funded through our Targeted Family Support Contract with Children's Services



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EAST CUMBRIA
FAMILY SUPPORT
ASSOCIATION



Working in partnership with

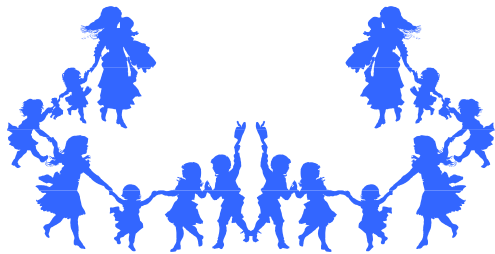


Best Buddies Group



What are we about?

The Best Buddies Group is a group for 5-8 year olds to have the opportunity to take part in activities which encourage the building of positive relationships and develop awareness of personal safety.



Where?

The group will take place at Carlisle West Children's Centre after school.

The group will run for 10 weeks.

Sessions



During the sessions we will play games, read stories, have discussions and get involved in various activities around the theme of friendship and relationships with others, and keeping safe.



Snack

A snack will be provided during each session.

Home visits will take place before the running of the group, so that parents/ carers and children will have an opportunity to meet group leaders before the start of the group.



Parents will be informed of the planned programme and children will be encouraged to talk to their parents about the activities.

